Contemplative Holy Eucharist Ordinary Time



Grace Church Chapel and on Zoom

Priest	The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.
People	And also with you.
Priest	Let us pray. Almighty and everlasting God, increase in us the gifts of faith, hope, and charity; and, that we may obtain what you promise, make us love what you command; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
People:	Amen.

The Readings

The Reflection

The Prayers

Priest

Jesus said when two or three are gathered I am with you. Please join us with your hopes and thanksgivings ending your prayer with 'Lord in your mercy" And the community will reply: Hear our prayer.

The people offer prayers

The Peace

The Great Thanksgiving

Priest	The Lord be with you.
People	And also with you.
Priest	Lift up your hearts.
People	We lift them to the Lord.
Priest	Let us give thanks to the Lord our God.
People	<i>It is right to give God thanks and praise.</i>

Priest

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

People Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Priest

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

As our Savior Christ has taught us, we now pray,

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Alleluia. Christ our Passover is sacrificed for us; *Therefore let us keep the feast. Alleluia.*

The Gifts of God for the People of God.

The priest breaks and shares the communion bread.

The Post Communion Prayer

People Holy, gracious and loving God, you have drawn us to your heart, and nourished us at your table with holy food and drink, the body and blood of Christ. Now send us forth to be your people in the world, and to proclaim your truth, this day and evermore. AMEN.

The Blessing

PriestChrist give you grace to grow in holiness, to increase in love, and to
take up your cross, and follow him; and the blessing of God, Father,
Son and Holy Spirit be with you all, now and always. Amen.

The Dismissal

Priest Jesus said: "As my father sent me, so I send you." Go in peace to do the work of the Lord. Alleluia. Alleluia.

People Thanks be to God! Alleluia! Alleluia!